

# From **High School** To **College**

## Steps to Success for Students with Disabilities

Elizabeth Hamblet has written the definitive book on the transition from high school to college—not only for students with learning differences, but for students in general. She has a highly sophisticated, subtle understanding of these young men and women, never resorting to the stereotypes so common in the lay press. *From High School to College* provides everything—and more—that a student or parent could need to make this crucial transition a triumphant one.

**Ned Hallowell**

Author, *Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder; Delivered from Distraction*; and *Superparenting for ADD*

This is the guide that I wish existed when my dyslexic son was preparing to make the transition from high school to college. It not only covers critical strategies and practices for cultivating effective self-advocacy and academic autonomy, but does it with a fresh dose of wisdom. Its invaluable advice on how to help young adults make meaningful college selections (or how to navigate available support systems once enrolled) will benefit a wide range of learning profiles. This educator will be recommending it widely.

**Kyle Redford**

Teacher, Marin County Day School, and education writer

The world of young adults with disabilities is all too often turned upside down when they transition to college and the workplace. Young adults need to have well-honed self-advocacy skills, be confident about how and when to disclose a disability, and be able to build and nurture a community of support—all essential ingredients along the path to independence. *From High School to College* guides readers through ways to help students build the skills and strategies needed for postsecondary success. A welcome addition to any educator's (and parent's!) library.

**Sheldon Horowitz**

Senior Director of Learning Resources & Research, National Center for Learning Disabilities